



Gymnast Profile

**Denotes fields which must be completed.*

Gymnast Name*: _____

Gymnast Age*: _____

Class Day/Time*: _____

About your child

1. My child learns best when*:

E.g. My child learns best when they are given clear and concise instructions and a visual demonstration of the task.

2. My child prefers to communicate by (please tick all which apply):

- Speaking (verbal communication)
- Writing/Drawing
- Pointing/Using hand gestures
- Facial expressions
- Touch
- Using communication equipment
(e.g. computer, communication board)

- Sign language
- Lip reading
- Other:

3. My child's key goals for participating in Gymnastics are:

E.g. My child would like to learn to walk along the balance beam independently and make some new friends.

Getting the most out of our gymnasts

4. Is there any information about your child that their coach should be made aware of*?

E.g. Previous injury, weakness on a particular side of the body etc.



5. Does your child have any behaviour management strategies that the coach should be made aware of?

Trigger	Warning signs	Behaviour	How to avoid	Calming techniques
<i>E.g. Loud noises</i>	<ul style="list-style-type: none"> • <i>Covering ears</i> • <i>Closing eyes</i> • <i>Lying on the ground</i> 	<ul style="list-style-type: none"> • <i>Screaming</i> • <i>Running away</i> • <i>Not listening</i> 	<ul style="list-style-type: none"> • <i>Ask people around to lower their volume</i> • <i>Use of ear plugs</i> • <i>Try to move the child's attention to a specific task</i> 	<ul style="list-style-type: none"> • <i>Speak calmly and softly</i> • <i>Ask questions about trains and aeroplanes</i>

6. Does your child require any additional support?

E.g. My child has an aid at school and they would benefit from an aid in their Gymnastics class.

Thank you for completing the information above. The information you provide helps your child's club to keep up-to-date information about your child's needs in order to provide them with the best possible experience in Gymnastics. Your information is confidential and stored securely. The information you provide can only be accessed by staff who are directly involved in your child's care. You have a right to access your information and to make amendments if necessary. Please speak to a staff member at your child's club should you have any questions or concerns regards your information, or if you wish to access your information.